

Supplement 1.

The adherence questions

1. Washing hands with soap and water for 20 seconds (yes/no)
2. Avoid contact with eyes and nose (yes/no)
3. Using disinfectants when soap and water are not available to wash hands (yes/no)
4. Disinfection of surfaces (yes/no)
5. Staying home when sick or having cold symptoms (yes/no)
6. Avoid domestic travel (yes/no)
7. Avoid foreign travel (yes/no)
8. Consuming different kinds of teas and herbal teas (yes/no) *
9. Vitamin D intake (yes/no) *
10. Vitamin C intake (yes/no) *
11. Covering the mouth when sneezing and coughing (yes/no)
12. Ensure a balanced diet (yes/no)
13. Avoid close contact with infected people (yes/no)
14. Caution when opening letters or postal packages (yes/no) *
15. Refrain from eating meat (yes/no) *
16. Influenza vaccine injection (yes/no)
17. Regular exercise (yes/no)
18. Constant use of masks (yes/no)
19. Use gloves (yes/no)
20. Refusing to attend outdoor gatherings (yes/no)
21. Refusing to attend gatherings in closed spaces (yes/no)
22. Avoid going to restaurants even outdoors (yes/no)
23. Refrain from going to a restaurant in a closed space (yes/no)
24. Use of antibiotics (yes/no) *
25. Smoke pecans (yes/no) *
26. Have you canceled a social event due to the COVID-19 pandemic? (yes/no)
27. Have you canceled participating a wedding due to the COVID-19 pandemic? (yes/no)
28. Have you canceled a flight or air travel due to the COVID-19 virus pandemic? (yes/no)
29. Have you canceled your train travel due to the COVID-19 pandemic? (yes/no)
30. Have you canceled your bus travel due to the COVID-19 pandemic? (yes/no)
31. Have you canceled a private trip due to the COVID-19 pandemic? (yes/no)

32. Have you canceled your vacation due to the COVID-19 pandemic? (yes/no)

33. Have you canceled a business trip due to the COVID-19 pandemic? (yes/no)

* These questions had reverse scoring.

Risk perception

1. Considering the spread of COVID-19, how much do you assess the probability of getting infected? (one to seven) [perceived probability for themselves]
2. Considering your physical condition, how susceptible do you think you are to getting COVID-19? (one to seven) [perceived susceptibility]
3. If you are infected by COVID-19, how severe are you likely to be? (one to seven) [perceived severity]
4. How likely are your family members to be infected with Covid-19? (one to seven) [perceived probability for the families]